## SHUTTLE MENU STS-117 (Stow By Person)

## DANNY OLIVAS, MS-3 (ORANGE)

Meal	Days 1* & 8	Days 2 & 9	Days 3 & 10	Days 4 & 11	Days 5 & 12	Days 6 & 13**	Day 7
Α	Dried Pears (IM)	Sausage Pattie (R)	Dried Apricots (IM)	Oatmeal w/Raisins (R)	Dried Peaches (IM)	Applesauce (T)	Peaches (T)
	Oatmeal w/Brown Sugar (R)	Mexican Scrambled Eggs (R)	Granola w/Blueberries (R)	Mexican Scrambled Eggs (R)	Breakfast Sausage Links (I)	Granola w/Raisins (R)	Sausage Pattie (R)
	Breakfast Roll (FF)	Oatmeal w/Brown Sugar (R)	Breakfast Roll (FF)	Granola Bar (NF)	Seasoned Scrambled Eggs (R)	Grits w/Butter (R)	Seasoned Scrambled Eggs (R)
	Apple Cider (B) X2	Vanilla Breakfast Drink (B)	Chocolate Breakfast Drink (B)	Orange-Mango Drink (B)	Grits w/Butter (R)	Strawberry Breakfast Drink (B)	Oatmeal w/Brown Sugar (R)
		Orange Juice (B)	Grapefruit Drink (B)	Cocoa (B)	Orange Juice (B) X2	Orange-Grapefruit Drink (B)	Orange-Pineapple Drink (B)
В	Beef Fajitas (I)	Hot & Sour Soup (T)	Shrimp Cocktail (R)	Beef Stroganoff w/Noodles (R) X2	Teriyaki Chicken (R) X2	Spicy Chicken & Vegetables (F	Fiesta Chicken (T)
	Southwestern Corn (T)	Meatloaf (T)	Fiesta Chicken (T)	Applesauce (T)	Asparagus (R)	Mashed Potatoes (R)	Macaroni & Cheese (R)
	Tortilla (FF) X2	Chicken Salad (R)	Tortilla (FF) X2	Shortbread Cookies (NF)	Cheddar Cheese Spread (T)	Tortilla (FF) X2	Green Beans w/Mushrooms (R)
	Pineapple (T)	Crackers (NF) X2	Peaches (T)	Almonds (NF)	Crackers (NF) X2	Pears (T)	Shortbread Cookies (NF)
	Cashews (NF)	Trail Mix (IM)	Granola Bar (NF)	Banana Pudding (T)	Fruit Cocktail (T)	Cashews (NF)	Peanuts (NF)
	Strawberry Drink (B) X2	Apricot Cobbler (T)	Tropical Punch (B) X2	Tropical Punch (B)	Candy Coated Peanuts (NF)	Cranapple Dessert (T)	Grape Drink (B) X2
		Orange-Mango Drink (B) x2			Tea w/ Sugar (B)	Orange Drink (B) X2	
С	Crawfish Etoufee (T) X2	BBQ Beef Brisket (I)	Chicken Fajitas (T)	Seafood Gumbo (T)	Shrimp Cocktail (R)	Hot & Sour Soup (T)	Shrimp Cocktail (R)
	Asparagus (R)	Macaroni & Cheese (R)	Candied Yams (T)	Beef Tips w/Mushrooms (I)	Chicken Strips in Salsa (T)	Beef Enchiladas (I)	Teriyaki Beef Steak (I)
	Tortilla (FF) X2	Green Beans w/Mushrooms (R)	Tortilla (FF) X2	Rice Pilaf (R)	Vegetable Risotto (R)	Corn (R)	Rice Pilaf (R)
	Peach Ambrosia (R)	Tortilla (FF) X2	Pineapple (T)	Italian Vegetables (R)	Cauliflower w/Cheese (R)	Tortilla (FF) X2	Broccoli au Gratin (R)
	Butter Cookies (NF)	Strawberries (R)	Cherry Blueberry Cobbler (T)	Tortilla (FF) X2	Tortilla (FF) X2	Strawberries (R)	Tortilla (FF) X2
	Grape Drink (B)	Lemonade (B)	Apple Cider (B)	Brownie (NF)	Butterscotch Pudding (T)	Vanilla Pudding (T)	Brownie (NF)
				Tea w/Lemon & Sugar (B)	Pineapple Drink (B) X2	Tea w/ Lemon (B)	Strawberry Drink (B)

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<sup>\*</sup>Day 1 consists of Meal C only

<sup>\*\*</sup>Day 13 consists of Meal A only

<sup>(</sup>B) - Beverage, (FF) - Fresh Food, (I) - Irradiated, (IM) - Intermediate Moisture, (NF) - Natural Form, (R) - Rehydratable, (T) - Thermostabilized